THE MEAD COMMUNITY PRIMARY SCHOOL - FOOD ALLERGEN ADVICE NOTE ***MC – May contain**

2026-2027 – TERM 2 **Menu Item/Allergen – MAIN**	**Gluten**	**Crustaceans**	**Eggs**	**Fish**	**Peanuts**	**Soya Beans**	**Milk**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**
Autumn Vegetable Hot Pot									X					
Beef Bolognaise Wholemeal Pasta Bake	x								X					
Beef Lasagne	x						x		X					
Breaded Fish, Chips and Mushy Peas	x			x										
Butternut Squash, Spinach and Chickpea Curry with Wholemeal Rice									x	x			X	
Cheese and Broccoli Gnocchi	x					MC	x			MC				
Cheese and Tomato Pizza with Salad	x						X							
Chicken Fricassee with Wholemeal Rice							x		X					
Chinese Vegetable Noodles	x					X								
Creamy Cheese, Tomato and Basil Pasta	x						x		X					
Creamy Tomato and Roasted Veg Orzo	x						x		X					
Fish Fingers, Chips and Peas	x			X										
Halal Chicken Korma with Wholemeal Rice									x	x				
Hot Dogs	x											X		
Lentil Cottage Pie									X					
Macaroni Cheese	x						X							
Mixed Bean Cauliflower Cheese						x	X							
Pizza Catherine Wheels	x						X							
Pork Goulash with Wholemeal Rice									X					
Quorn Chilli and Wholemeal Rice	MC		x						x	MC				
Quorn Cottage Pie with Cheesy Mash	x		x				x		X					
Quorn Sausage Puff	x					MC								
Quorn Sausage Roast, Roast Potatoes and Seasonal Vegetables	x					MC								
Roast Chicken, Roast Potatoes and Seasonal Vegetables														
Roast Pork, Roast Potatoes and Seasonal Vegetables														
Roasted Vegetable and Feta Cheese Quiche	x		x				X							
Roasted Vegetable Lentil Risotto									X					
Salmon and Broccoli Pasta	x						x		X					

Sausage Roast, Roast Potatoes and Seasonal Vegetables	x											X		
Shepherds Pie									X					
Vegetable Mixed Bean Curry with Wholemeal Rice										x				
Vegetarian, Vegetable Pasta Bake	x								x					

2026-2027 **Menu Item/Allergen – Jacket Potato**	**Gluten**	**Crustaceans**	**Eggs**	**Fish**	**Peanuts**	**Soya Beans**	**Milk**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**
Jacket Potato with Beef Chilli	MC								x	MC				
Jacket Potato with Cheese and Beans							X							
Jacket Potato with Coronation Chicken			x							MC				
Jacket Potato with Tuna Mayo and Sweetcorn			x	X										
Jacket Potato with Vegetable Ratatouille										X				

2026-2027 **Menu Item/Allergen – Dessert**	**Gluten**	**Crustaceans**	**Eggs**	**Fish**	**Peanuts**	**Soya Beans**	**Milk**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**
Banana Split Cookie	x		MC											
Festive Biscuit	x		MC											
Fruit Salad														
Fruit Selection														
Fruit Yoghurt							x							
Lemon and Blueberry Muffin	x		X											
Melon														
Mixed Berries Cake and Custard	x		x				X							
Pudsey Biscuit	x		MC											
Toffee Apple Cookie	x		MC				x							